# **General Education Requirements**

Minimum number of credits to meet the requirements is 38

# I. Foundations

WLLS 100 (3 credits): Wellness, Engagement, & Lifelong Learning for Success

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WLLS 105 (3 credits): College Writing (First year, Fall or Spring)

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# II. Perspectives

A maximum of 6 credits in any one discipline may be counted for the Perspectives component of the General Education curriculum. A course can fulfill only one component of the General Education curriculum.

1. Creative Expression (3 credits)

Can be met by one 3 credit course or a combination of courses to total 3 credits.

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2. Enduring Questions of Human Existence (3 credits)

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3. Social Systems (3 credits)

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4. Inclusion & Justice (3 credits)

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### 5. Quantitative Reasoning (3-4 credits)

Choose from Accounting, Programming, Precalculus, Calculus, Contemporary Mathematics, or Statistics (Algebra will not meet this category)

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#### 6. Natural Sciences (4 credits)

Must include a lab

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#### 7. Languages and Cultures (3-4 credits)

Develop a cultural appreciation and familiarity with a language other than English

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## III. Connections

8. Experiential Learning (3-8 credits)

Two experiential learning experiences are required, one of which must be off campus

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## 9. Skills for Lifelong Learning (2-4 credits)

Choose two:

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# 10. Mind-Body Wellness (2-10 credits)

Choose 4 courses, two of which must be activity based

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# 11. Financial Wellness (3 credits)

Personal Financial Management

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