## General Education Requirements

Minimum number of credits to meet the requirements is 38

## I. Foundations

WLLS 100 (3 credits): Wellness, Engagement, \& Lifelong Learning for Success
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WLLS 105 (3 credits): College Writing (First year, Fall or Spring)
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## II. Perspectives

A maximum of 6 credits in any one discipline may be counted for the Perspectives component of the General Education curriculum. A course can fulfill only one component of the General Education curriculum.

1. Creative Expression ( 3 credits)

Can be met by one 3 credit course or a combination of courses to total 3 credits.
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2. Enduring Questions of Human Existence (3 credits)
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3. Social Systems (3 credits)
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4. Inclusion \& Justice (3 credits)
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5. Quantitative Reasoning (3-4 credits)

Choose from Accounting, Programming, Precalculus, Calculus, Contemporary Mathematics, or Statistics (Algebra will not meet this category)
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6. Natural Sciences (4 credits)

Must include a lab
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7. Languages and Cultures (3-4 credits)

Develop a cultural appreciation and familiarity with a language other than English
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## III. Connections

8. Experiential Learning (3-8 credits)

Two experiential learning experiences are required, one of which must be off campus
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9. Skills for Lifelong Learning (2-4 credits)

Choose two:
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10. Mind-Body Wellness (2-10 credits)

Choose 4 courses, two of which must be activity based
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11. Financial Wellness (3 credits) Personal Financial Management
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